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Public Health
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Issue 26 – June 2014

The NICE Evidence Public Health Awareness Bulletin provides links to a selection of publications of interest to the public health community that have been added to [NICE Evidence Search](#) in the past month. It may include public health research, guidance, policy or reports from public health organisations. It does not include surveillance reports, news items or information about public health events.

Articles have not been critically appraised by NICE and inclusion does not imply endorsement.

Some links are to abstracts of the article. Access to some full text is available to [eligible users](#) via Open Athens. NHS staff may wish to contact their [local NHS library service](#) for information on obtaining full text.

The [NICE Evidence Services](#) team works with the public health community to continually improve our [public health resources](#). We welcome your input, so please send us your feedback via the **Let us know** link above.

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Alcohol use



[Global status report on alcohol and health 2014](#) **World Health Organization**

This report presents a comprehensive perspective on the global, regional and country consumption of alcohol, patterns of drinking, health consequences and policy responses in World Health Organization member states.

Behaviour change

[Effectiveness of dietary interventions among adults of retirement age: a systematic review and meta-analysis of randomized controlled trials](#)

Database of Abstracts of Reviews of Effects

An independent critical appraisal report produced for the Centre for Reviews and Dissemination's Database of Abstracts of Reviews of Effects.

[Supporting people to manage their health: an introduction to patient activation](#)

The King's Fund

This paper introduces 'patient activation', a method of conceptualising and measuring patient engagement with improving their own health. Patient activation can be used to reduce health inequalities and deliver improved outcomes, better quality care and lower costs.

Health improvement

[The equity action spectrum: taking a comprehensive approach. Guidance for addressing inequities in health](#)

World Health Organization Regional Office for Europe

This is one of a series of policy briefs that describe practical actions to address health inequities, especially in relation to tobacco, alcohol, obesity and injury. It offers a framework that policy-makers at national, regional and local levels can apply to their own contexts to help them consider the processes by which inequities occur and suggest policy interventions to address them.

[Fuel poverty: how to improve health and wellbeing through action on affordable warmth](#)

UK Health Forum

This guide aims to improve health and wellbeing through warm and healthy housing and reducing energy costs for vulnerable households. It is aimed particularly at directors of public health, clinical and non-clinical staff in public health teams and other members of health and wellbeing boards.

[The RSPH guide to commissioning for health improvement](#)

Royal Society for Public Health

This guide provides a wide perspective of commissioning across a broad arena rather than just considering services in isolation. It argues that commissioning for health improvement cannot be effective if issues are seen in silos but each service should be a strategic step towards a better, healthier society where health equity is seen as a matter of social justice.

Health of black, Asian and minority ethnic groups

[The importance of promoting mental health in children and young people from black and minority ethnic communities](#)

Race Equality Foundation

This briefing paper looks at the policy framework for mental health service provision. It provides examples of existing practice which promote mental health for black and minority ethnic children and young people. It also looks at specific factors that can put these children at risk of developing mental health problems as well as protective factors that can help build resilience.

Healthy eating

[National diet and nutrition survey: results from years 1 to 4 \(combined\) of the rolling programme for 2008 and 2009 to 2011 and 2012](#)

Public Health England and Food Standards Agency

This national diet and nutrition survey assesses the diet, nutrient intake and nutritional status of the general population in the UK.

Maternal health

[Global, regional, and national levels and causes of maternal mortality during 1990—2013: a systematic analysis for the Global Burden of Disease Study 2013](#)

The Lancet

This systematic review measures levels and tracks trends in maternal mortality, the key causes contributing to maternal death, and timing of maternal death with respect to delivery.

Mental health and wellbeing

[Investing in recovery: making the business case for effective interventions for people with schizophrenia and psychosis](#)

Rethink Mental Illness

This report, produced in collaboration with the London School of Economics, provides the economic case to local health authorities for investing in the services known to support recovery in psychosis. Services discussed include peer support, family therapy and cognitive behavioural therapy.

[Mental healthwatch handbook: improving mental health with your community](#)

National Survivor User Network

This handbook provides information on how Healthwatch can help improve mental health with a range of partners including central government, service users, commissioners, providers, the voluntary sector and councils.

Obesity

[Overweight and obese adults: lifestyle weight management](#)

National Institute for Health and Care Excellence

This public health guidance makes recommendations on the provision of effective multi-component lifestyle weight management services for adults who are overweight or obese (aged 18 and over). It covers weight management programmes, courses, clubs or groups that aim to change someone's behaviour to reduce their energy intake and encourage them to be physically active.

Offender health

[Keys to diversion: best practice for offenders with multiple needs](#)

Centre for Mental Health

This report is the outcome of a project exploring the services provided by a small number of specialist teams working with people with complex and multiple problems who have offended or are suspected of having offended. The report describes the need for these services, the interventions they offer and the service users' experiences of the services.

Older people's health

[Living well for longer: national support for local action to reduce premature avoidable mortality](#)

Department of Health, Public Health England & NHS England

This document aims to help people understand how the national system as a whole is supporting

local action to help people live well for longer.

Screening services

[The effectiveness of screening for diabetes and cardiovascular disease risk factors in a community pharmacy setting](#)

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An independent critical appraisal report produced for the Centre for Reviews and Dissemination's Database of Abstracts of Reviews of Effects.

Seasonal mortality

[Heatwave plan for England](#)

Public Health England, Department of Health and NHS England

This plan is intended to protect the population from heat-related harm to health.

Tobacco control

[Electronic cigarettes: reports commissioned by Public Health England](#)

Public Health England

Two reports - *Electronic cigarettes* and *E-cigarette uptake and marketing* - examine the evidence on risks and opportunities presented by electronic cigarettes. The first takes a broad look at the issues related to e-cigarettes and the latter examines use of e-cigarettes by children and young people.

Workforce

[Break on through: overcoming barriers to integration](#)

New Local Government Network

This report highlights the key barriers to service integration and outlines what actions need to be taken locally and by central government in order to facilitate change and effect integration of services.

[Public health in local government: one year on](#)

Local Government Association

This publication presents the thoughts of those working in public health one year after public health made the formal transfer to local government.

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